



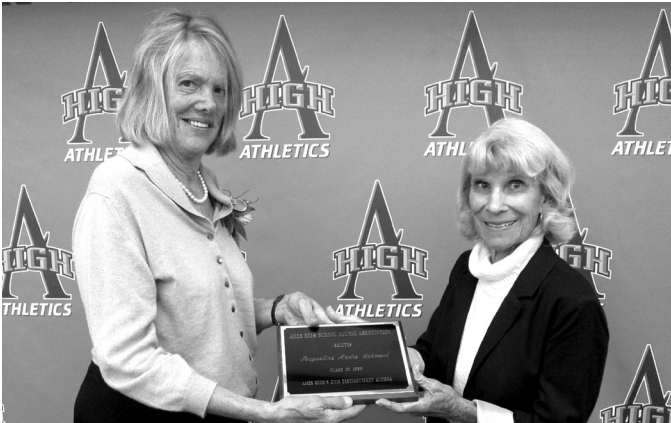
Ames High School Alumni Newsletter

Volume 26, Issue 3

Ames, Iowa

December, 2015

Jacqueline Andre Schmeal 2015 AHSAA Distinguished Alumna



Jacqueline Andre Schmeal (L) receiving her Distinguished Alumna plaque from the presenter, Marcia Wilsie Campbell, '55, a classmate and friend.

The Andre family moved into the historic (1862) Farm House on the Iowa State campus in 1949. The family immediately opened the house to students and to friends from around the state, especially those working in the agriculture community. Dr. Andre the father of Jacqueline (Jackie) Schmeal, was the dean of agriculture and dedicated his life to promoting Iowa and farmers. On Sunday afternoons the family piled into the green and white two-door Pontiac and drove around the countryside looking at farms and hearing about the Iowa values of honesty and hard work.

In 1954, Mrs. Andre, Jackie's mother, was diagnosed with pancreatic cancer. This was a time when there was a stigma about cancer, and her illness was a family secret. Until her death in 1956, she remained at the Farm House, greeting friends, who visited from throughout the state, bringing Swedish tea rings, casseroles, and uplifting conversation. For the three young Andres, Jackie, Alice, and Richard, life made a U-turn. After intramural sports at Ames High, Jackie went home and fried chicken or broiled a steak with her dad, and washed dishes with Richard and Alice before doing homework.

There were still some events at the house. One of the most memorable

occurred in 1956 when Vladimir Matskevich, the Russian minister of agriculture, led the first group of Russians to America since Cold War began. Matskevich, look-alike to his good friend, Khrushchev, came to dinner at the Farm House along with a security person. Dr. Andre, Jackie, Alice, and Richard cooked and served up domestic soybeans and steak from the Iowa State meat lab.

The conversation was confusing. At Ames High Jackie had been taught that under communism everyone is equal. During dinner Mastkevich proudly pulled out photos of his glorious summer home on a beautiful river in Russia.

The family could not discuss the family secret, but teachers and friends at Ames High sensed there was a problem and were caring. Meanwhile, with the help of an old family friend, Gertrude Dieken, editor of the Farm Journal, Mrs. Andre wrote her story, "My Last Wonderful Days". It was about cancer and death and ahead of its time. It appeared in Readers' Digest and publications around the world.

Jackie majored in journalism at Iowa State University where she was secretary of the Iowa State Student Council, editor of the Homemaker Magazine, and a member of Kappa Kappa Gamma sorority. After Iowa State, she went to Northwestern University where she received her master's degree at the Medill School of Journalism. While there, she met her future husband Richard Schmeal also a graduate student at Northwestern. Upon their graduations, Jackie and Richard moved to Minneapolis while Dick worked for his Ph.D. in chemical engineering at the University of Minnesota and Jackie was a reporter for the Minneapolis Tribune.

In 1971, they moved to Houston where Richard took a job with Shell Oil Company and Jackie was a stringer for Time Magazine. Jackie served on the boards of the Rice University Design Alliance (architecture), the Houston Arboretum, the Asia Society, Houston, and the Rothko Chapel where she organized programs bringing in scholars from the United States and beyond to discuss human rights. For 40 years she has been on the board of the Houston Seminar, a non-profit group dedicated to increasing cultural awareness in Houston. She focused on bringing in scholars to discuss the world's trouble spots. She also organized two study tours of Iowa focusing on Iowa's amazing architectural treasures.

Jackie and Dick spend part of each year in Santa Fe where she founded Friends of Folk Art at the Museum of International Folk Art and served for several years as chair of development for the Museum of New Mexico Foundation. For 15 years, she owned Iowa, a folk art store in Houston, selling Iowa handmade products. She is author of Patchwork, Iowa Quilts and Quilters (University of Iowa Press) and of Iowa Folk Art (Iowa State University Press).

She and Richard put an easement on their wooded farm in northeast Story County which benefits Iowa and its wildlife. They spend four months a year in Iowa where they are also closer to their daughter, Andrea, her husband and their two sons who live in the Des Moines area.

On visits to Iowa through the years, Jackie saw barns, symbols of the state's heritage, being neglected and disappearing. With invaluable assistance from classmate, Don Geiger, the Iowa Barn Foundation, a non-profit group dedicated to preserving Iowa's barns was launched in 1997. The group has given 138 matching grants, totaling over a million dollars, to private property owners to restore their barns. The group has orchestrated annual tours of Iowa's barns and publishes the semi-annual Iowa Barn Foundation Magazine. Hopefully more Iowa barns will stand proud.

2015 AHS Athletic Hall of Fame Recipients



(L-R): Terri Jackson Carson, Charles Maurer (representing Owen Austrheim), Coach Carl Pelzer, Justin McGeeney, Christine Van Meter (representing Andrew Van Meter)

Terri (Jackson) Carson, '87. performing primarily as a relay specialist, began her Little Cyclone track career in the spring of 1985 where, as a sophomore, she ran on the 4 x 100 which finished second in the state meet. One highlight of Jackson's junior season came as she ran on winning 440 and 880 yard relay teams in a pre-district invitational meet at Fort Dodge as well as finishing second in the 220 yard dash in a rare individual event performance. Following a winning performance in the 4 x 100 relay at the conference meet, Terri and her teammates set a new Ames High record in the same event finishing second at the 1986 state meet. During her senior year at the Drake Relays, the Ames girls' spring team, with Jackson running all-important legs, placed second in the 4 x 100 and third in the 4 x 400. In district competition, Jackson and teammates won both the 4 x 100 and 4 x 200. In the 1987 state meet, with Jackson anchoring, the Little Cyclone foursome won the 4 x 200 in a school record setting time, and they also won the 4 x 100 with Jackson running the third leg. A fourth place finish in the 4 x 400, with Jackson running the second leg, secured Ames High's first state girls' team championship.

Terri did not compete in track at Iowa State where she earned her degree in exercise physiology and a minor in dance. She has been a licensed coach for 15 years and a physician relations and business development specialist. Two children keep Jackson sprinting to their activities in Coral Springs, Florida. She currently is a football mom and track coach assistant for her children's high school. Son Kaleen Carson (17) is an outstanding football and track athlete, and daughter Kenzi (15) is a national Junior Olympic track qualifier. Her parents, George and Clemmye Jackson, are both retired, and her sister, Toni Jackson Lampley, lives in Clive, Iowa with her three children.

Owen Austrheim, '68 excelled in three sports while maintaining a high achievement level in the classroom during his three years at Ames High. He performed as a halfback and kicker on the Little Cyclone football team, established an enviable record as a wrestler and played an important role on a state championship track team. He scored 43 points-37 PATs and two field goals--during the 1967 season and was one of the state's leading place kickers. As a part-time starter in the backfield, he displayed great agility and speed. As a wrestler on Coach Jack Mendenhall's team, Austrheim as a senior, was 17-0 during the regular season, undefeated in sectional and district competition and placed third in the state meet with a 24-1 record. A two-year letter winner in track, Austrheim performed primarily on relay teams for Coach Harlan Millikin. As a junior two meets are indicative of Owen's track ability. He ran leadoff on winning both the 440 and 880 relay teams at the Ames Invitational and CIC championships. The 1968 track season was a good one for the Ames High boys as they raced to a tenth state championship. During the season

Austrheim either leadoff or anchored relays in multiple wins in six major meets and then climaxed the season with victories in both the 440 and 880 relays. Performing as a kicking specialist, Austrheim lettered for two years at Iowa State (kickoffs in 1970 and extra points in 1971) and played in the 1971 Sun Bowl, Iowa State's first ever bowl appearance.

Following his graduation from Iowa State Owen went on to gain his MD from the University of Iowa. He completed a pulmonary residency at the University of Kentucky and received a masters degree in computer science from the University of Illinois. Dr. Austrheim served for nearly 30 years as a pulmonary specialist at the VA Hospital in Phoenix, AZ until retiring in May, 2013. He also was heard of the sleep disorder lab at the hospital and served as an adjunct faculty member at the University of Arizona. In his short retirement he worked at the Center for Asbestos Diseases in Libby, Mt. Sadly, Owen passed away on Christmas Day 2013 at the age of 63. He is survived by his wife, Eileen Gilmartin, their two daughters and his sisters, Linda and Sarah.

Coach Carl Pelzer had a coaching career in the Ames schools that spanned 39 years. Beginning at Central Junior High School in the fall of 1971, Pelzer coached football for 11 seasons before moving on to Ames High as the Little Cyclone varsity offensive coordinator and line coach for 23 years. In track Pelzer began working with the seventh grade girls at Central, next the ninth grade boys and then in 1987 he became the Ames High sprint coach for 24 years. During the 23 seasons Pelzer was involved with Ames High football, the little Cyclone gridders compiled a 138-89 record which included three conference championships. Two highlight seasons came in 1996 when the Ames team compiled a 12-1 record, and in 1998 when the Little Cyclones posted a 10-2 season.

Pelzer's track coaching years at Ames High (1987-2010) saw his sprinters amass 16 state individual and sprint relay champions. His sprint champions, all AHS Hall of Famers, include Curtis Hawkins and Aaron Greving who both won back to back titles in the 100 meter dash, as well as David Knight who won two 400 meter titles in state competition. Pelzer's 4 x 100 relay teams recorded two state championships, his 4 x 400 teams won five titles and his sprint medley relay teams won two state crowns. In Pelzer's 24 years as a track assistant at Ames High the Little Cyclones teams won five state championships from 1987 to 1991 to extend their win streak to six in a row, finished in second place four times and also won 12 conference titles.

Raised in Toledo, Iowa Pelzer received his bachelor's degree from Iowa state in 1964 and his master's degree in 1974. He served as a US naval officer on active duty for five years and six years in the reserves. He retired from the classroom in 2000, but continued his coaching for another ten years. Pelzer and his wife Kathy (deceased) raised three sons--John, Mark and Nathan--all Ames High Graduates. He has six grandchildren--three boys and three girls.

Justin McGeeney, 2003 stands out as one of the all-time greats in the history of Ames High soccer. Justin lettered for four years, won first team all-state as a senior and concluded his prep career with a school record of 55 goals and 19 assists. His career began in 2000 when, as a freshman, he played and lettered on a Little Cyclone team which won their first two consecutive CIML championships and finished fourth in state tournament play. As a sophomore he not only led his teammates to a conference title, but also was selected the team's most valuable player and won CIML all-conference honors. As a junior, McGeeney again was selected to the CIML all-conference team, named to the state third team and repeated as the Little cyclone MVP. He went on as a

2015 AHS Athletic Hall of Fame Recipients *cont.*

senior to set a single season school record of 38 goals and 16 assists. Coinciding with his interscholastic soccer competition, Justin also played as a starting forward on the West Des Moines Attack Club that captured four straight state club championships. While still at Ames High Justin lettered in football as a junior and participated in Distinguished Academic Achievement, student council and the ambassador program.

Upon completion of his outstanding academic and athletic career at Ames High, McGeeney enrolled at Notre Dame where he became a three-year starter and a four-year letterman on the Irish team. He became the team's leading scorer in 2005 and the second leading scorer in 2006. He was selected to the Big East all-conference third team in 2006 and to the league's all-academic squad for four years. Notre Dame appeared in four straight NCAA tournaments while compiling a 56-20-12 overall record during McGeeney's playing days at South Bend. Justin received his bachelor of finance degree from Notre Dame in 2007 and master of business administration and master of architecture degrees from the University of Kansas in 2011. He currently works in renewable energy and real estate development in the Kansas City area. His immediate family includes his parents, Terry and Susan McGeeney, and his siblings--Bryan, '97, Kristen, '98 and Curt, '00.

Andrew Van Meter, '03 started his swimming career at the age of six. By the time he was in eighth grade, he was a second and a half away from qualifying for National Junior Olympic team. At Ames High School he became one of the most decorated swimmers in the history of Iowa high school swimming. He won the 100 butterfly and the 100 backstroke events for four consecutive years in state meet competition. During his illustrious

career he won 10 gold medals in state meet action--a mark that stood until the 2015 state meet. His gold medal count included eight individual first as well as two championship medals in the 200 medley relay. A four-year letter winner, Van Meter broke the state record in the 100 backstroke three times and the 100 butterfly twice. In his four years of varsity competition he had 16 swims at the state meet--the maximum number allowed--and earned first team all-state in 14 of the 16 swims. Andrew currently holds four Ames pool records and four school records in a career where he earned All-American status 24 times.

Van Meter accepted a scholarship to swim at the University of Minnesota where he competed one season for the Gophers including the Big 10 championship--swimming in spite of breaking his hand during the meet. He transferred to the University of Tennessee where he completed a bachelor's degree in business administration. He finished sixth in the Southeast Conference in the 100 backstroke and thirteenth in the 100 butterfly in 2006. A broken foot during the 2007 season ended his collegiate career. Recent honors for Van Meter came at the 2015 Iowa state swimming meet where he was inducted into the Iowa Swim Coaches Association Hall of Fame. Coach Dan Flannery stated, "There is not a swimmer or coach in the state of Iowa that doesn't know the name of Andrew Van Meter." Andrew's immediate family includes his parents, William (deceased) and Karin, who was a championship swimmer in her native Austria, and sisters, Christine Van Meter and Susan Gallagher. Andrew currently lives in Denver, Colorado where he is employed as a financial planner by Wells Fargo Bank.

Other News About Our Graduates



Alan Vandeventer, '71

Five Ames High grads figured prominently in a program about Iowa State's role in purifying uranium for the atomic bomb project during World War II. They were: **Kathy Svec, '66**, who was the main speaker on September 9, 2015. Her father, Harry Svec, was one of the many key players in providing the Manhattan Project with some two tons of uranium from 1942-45. Seated in the front row were the children--Lorna Wilhelm Livingston ('44), Max Wilhelm ('46), Myrna Wilhelm

Elliott ('47) and Gretchen Wilhelm ('56)--of Harley Wilhelm, the scientist who headed the on-campus research teams for the top-secret project known only as "Little Ankeny. The standing room only audience of 200 packed the Farwell Brown ('29) Auditorium of the Ames Library for the event sponsored by the Ames Historical Society. Toward the end of the 2-hour program, it was revealed that Harley Wilhelm was the only individual ever to be awarded the U. S. Military's "E" Flag for excellence in the production of war equipment during World War II. The flag was then displayed by Lorna, Max, Myrna and Gretchen. Iowa State College was the only academic institution to be awarded the E Flag for its crucial role in developing an economical way to mass produce uranium. Svec also noted that Collegiate Manufacturing (then of Ames) also received an E Flag for its production of military raincoats and ponchos.

Jeffrey Osweiler, '90 serves as a consular officer at the U.S. Embassy in Tunisia. He started his work as a consular officer in 2007, and has since worked in Nigeria, Morocco and Madagascar. He just began a one-year term in Tunisia, and previously his family had lived with him at his different posts, but because of safety concerns due to the 2011 revolution in Tunisia, families of the embassy employees are not allowed to live there. In his position, Osweiler helps U.S. citizens living and traveling overseas, including issuing visas and passports. His favorite part of the job is traveling and getting a new position in a different country every two or three years. "It is something I always wanted to do," Osweiler said. "It is a great way to experience the world. You never know where you'll be five years from now."

Alan Vandeventer, '71 is certainly a biking enthusiast, and definitely more fit than the editor of this newsletter. Alan has taken two coast-to-coast bike rides in the U. S. of A. He rode both times by himself and met a lot of people on the rides. Alan said, "The people were helpful, kind, generous, encouraging and welcoming. Both trips were an amazing confirmation of how great of a country we live in and how fantastic the people are." Alan took along his tent and stayed in campgrounds, motels, bed and breakfasts, a firehouse, a church and private homes. The two trips were only different in goals. He took the first trip from Annacordes, Washington to Bar Harbor, Maine from August 1, 2013 to October 13, 2013 to see if he could actually do it--75 days and 3,943 miles. The second trip of 51 days and 2,685 miles was from San Diego, California to St. Augustine, Florida from March 1, 2015 to April 21, 2015 was to discover a part of the country that he didn't know much about. Alan blogged both trips--avbike13.blogspot.com and avbike15.blogspot.com--which may or may not still be accessible.

We Get Letters...

Enclosed is a check for your use as needed. I am a member of the AHS Class of 1938 and wonder if there are any other members of the class around. I was employed by newspapers in Menomomie, WI, Albert Lea, MN and retired after 29 years at the Rockford, IL daily paper. My wife and I have been married for 68 years and have two children and five grandchildren. Life has been good!
Warren C. Friest, '38

Thanks for all you do to keep us informed and help us have great reunions. Sixty-four people attended our Thursday night bar-hopping, Friday night gathering and Saturday banquet celebrating our 55th reunion. It was a fantastic time! Without your addresses and emails, we wouldn't have reached as many people as we did.
Dallas Wall Rust, '60

I read the article about Kathy Svec's upcoming presentation about the Manhattan Project. My father, Adolf Voigt, was hired in the spring of 1942 and worked on the Manhattan Project until its end. He then held a joint appointment with ISU and AEC until his retirement. Please let Kathy know.
Maryanne Voigt Heidemann, '62

It is with sincere appreciation that we are making this contribution to the Ames High School Alumni Association in the names of the AHS classes of 1964 and 1980 who, by loaning us colorful banquet decorations, helped make out 50th reunion a resounding success.

AHS Class of 1965

Something amazing is happening, and I wanted to share it with the rest of the Ames High School Alumni world. In preparation for our forthcoming 25-year class reunion, fellow classmate from AHS, Scott Belzer, '92 is using technology and social media to bring some wonderful fruits of joy into the world. Belzer volunteered his time to interview other classmates from 1992 in a pod cast series that allows us to more fully express ourselves in a 90-120 minute, raw, uncut and surreal way. Nearly 20 of our fellow classmates have stepped up to share the most intimate details of their past and current lives, their perceptions of growing up in Ames, and their current and past challenges, in this interview series that allows us to work to reconcile our youth. This has been a fascinating project to follow and support. You can take a look at the blog we have pulled together to celebrate the greatest city that one can ever grow up in at <http://>

TheAmazingAmes.blogspot.com. Together and forever, "Ames Hi Aims High!"
Spenser Villwock, '92



Pictured from the left are: Dewayne Knott, Marc Woods, Mike Smith, Robbie Morgan, Chuck Williams and Don Armstrong.

I thought you might like to see the impromptu reunion of six members of the AHS Class of 1964. The occasion was the Story County Freedom Flight on October 6, 2015. There were over 60 from our class who served. These six members participated in the flight with a trip to see a variety of memorials in Washington, DC.

It was an incredible experience!
Michael D. Smith, '64

People To People *by Leah Bowman, '55*

Traveling to the Republic of Cuba for US citizens has recently been made possible under what is called a Specific License issued by the US Department of Treasury's Office of Foreign Assets Control. It all has to do with US sanctions regarding Cuba. Any tour company can apply for this license and over 60 companies have been licensed. The application must indicate their educational exchange activities that will provide meaningful interactions between travelers and individuals in Cuba. The tour company provides a copy of this license and an authorization letter to each traveler, declaring them an authorized participant in the: 'Cuba, Its People and Culture - People to People Program'.

Our tour group of 25 and guide met in Miami. In preparation for the visit, we were told some facts about the island of Cuba. There are 14 provinces on this island that is about the size of Pennsylvania. Havana is the capital city with a population of over two million people with a total Cuban population of eleven million. Cuba has

a tropical climate with a dry and a rainy season, very pleasant temperatures.

The monetary system has two different currencies. One, the CUP, is the Cuban Peso which is the national currency for daily expenses used by Cubans internally. The second currency, called the Convertible Peso, or CUC, has no value outside Cuba and is for tourist transactions only. 1 CUC has a worth of 87 cents (US) and it takes 24 CUPS to equal 1 CUC. Obviously, the family surviving on CUPS can be quite poor. Typically, a monthly 'paycheck' amounts to about \$11 (US) and it is often necessary to have a second job which is called a left hand. Currently, due to US sanctions, Cuba is a cash only experience for Americans – no credit/debit cards or travelers checks, drawn against US banks. The US has recently made a move to open diplomatic interaction between the two countries and is in the process of re-establishing an embassy in Havana to aid in this process.

In December, 2014, after an early morning flight from Miami to the 17th century city of Santa Clara, we met our Cuban guide and the man that would be our bus driver for the entire visit. These two jobs are among the better paid, more desirable that are available to Cuban citizens. They require a high level of education as do the prime level occupations enjoyed by hotel employees. These are very good paying jobs by Cuban standards. All Cuban hotels are government owned. Some are older, more established hotels, some are newer and quite elegant. We were treated to a very new, very large beach resort hotel on the north coast for our first stay. It was located well out onto a set of keys, which was a long bus ride from Santa Clara. Only tour buses and supply/service vehicles used the long highway attaching the multiple keys. As with most establishments, we were greeted with trays of cocktails – usually colorful and fruity rum drinks – a welcome custom!

People To People *cont.*

In Santa Clara, we got our first glimpse at the historic building renovation going on in Cuban cities, including a very large historic preservation project in Havana, in the interest of tourism, as well as their own interest in historic preservation. On our visit to two nearby smaller communities, we saw government ordered publications being produced in a old print shop on type-set hand operated printing equipment. In a locked, small room in the interior of the building there was a modern day print machine similar to those we can put a dime into at the library to copy a page or two. The proud owner said he paid \$2000 dollars for this well guarded printer.

The second smaller community we visited was in the year long process of building two extremely elaborate floats for an age old competition between two local neighborhoods for the best float called the Parandas Festival. It would surely be something to see these floats at the festival – they were gigantic and colorful and meticulously assembled – kept secret from each other until the Parnadas Festival Parade. This festival has recently been allowed to occur as a result of Papal visits by Pope John Paul and more recently Pope Francis who both encouraged the government to allow a return to religious practices and community events in the interest of more quality of life for the Cuban people. These important parts of Cuban life are being restored after more than 40 years of denial. Our group moved west from the Playa Cayo Santa Maria (keys) to the Capital City of Havana and did day trips within and outside the city. On the way to Havana, we made a stop at the Che Guevara Mausoleum, who is one of the five revolutionaries pictured on large billboards throughout the country, along with Fidel Castro. These billboards honor revolutionary leaders who fought to drive Batista from Cuba. Batista (who was supported by the US) was the leader in Cuba from 1952 to 1959. Batisita's military buildings were then transformed into schools.

The education system in today's Cuba is a source of great pride. It is a free system from preschool through college. Our tour included visits to some of these schools. The preschool is free to the extent that the parents are working – no job, no free school. The young children were bright, well dressed, very friendly and social. School attendance is mandatory until the age of 16. A free 6 year medical degree is also available, not only for Cuban students, but students from around the world study medicine in Cuba for free. At ninth grade, students can choose to go to art school

and eventually receive a BA degree or continue on in a field of their interest. Art is such an important part of Cuban life, that it is a very popular study area for a large number of students. Our guides told us that art is the only form of free speech in Cuba. Cuban creativity goes to other fields of art also. Music and dance is everywhere, the street café, the hotel, the theater. Our group attended a presentation at the Tropicana called Cabaret that originated in 1939. Two members of the original cast still perform. It is an outdoor theater, with 60 some cast members performing their songs and dances in the trees and on balconies around the stage just as it was done originally. Marvelous! Another way to witness Cuban creativity is the vintage 50's cars they drive. Every day is like a weekend car cruise event in the US. Wonderful old Chevy's and Buicks, etc. buzz around city streets transporting people where they need to go. No repair parts are available for purchase, so the creative mechanic fashions replacement parts from available materials to keep those old vehicles on the road.

Just outside Havana, we visited a famous author's farm, Finca Vigia, where Ernest Hemingway and his wife lived from 1939 to 1960 - an inspirational rural location with a lovely home plus a writer's tower and pool. Next, the tour took us from busy Havana for a long drive through the lush countryside – green valleys – distant mountains – to learn about farms and farm products. The tobacco farmer let us roam his land and barns and even invited us into his home. He shared his cigars and rum with those interested. We saw the growing, harvesting, drying, and cigar rolling process for one of Cuba's most sought after products (along with their rum). There are a number of other farm products such as sugar (a big export crop), rice (not enough, so must also import rice), potatoes, beans, citrus fruits, coffee, cattle and various other farm products. They have good soil and good farm practices. Their lack of access to fertilizers and pesticides, again demonstrating their creativity, has found them developing much safer products that accomplish the effect necessary. They are basically small farmers so they don't require large, expensive equipment. Often oxen or horses are the 'source of power'. The second farm we visited was an organic farm. The government owns the land, so the way the farmer pays to use it is to share his crops (10%) with remote rural residents that don't otherwise have access to fresh produce. This is considered the payment to the government. The other 90% of the produce is divided into thirds.

One third is for the farmer and his family's consumption. Another third is used in his *parador*, a family run restaurant on the property. The final portion is to be shared with other *paradors* in the vicinity. The produce from organic farms is not part of the food rationing program and provides fresh fruits and vegetables to Cubans.

Food rationing was initiated to help people feed their families, though there are those that experience shortages of food based on the amount they are rationed and the size of their family. Each family has a ration book that allows them to purchase things at a *bodega*, a small open air shop in the neighborhood rather like a small produce stand in the US. For instance, the family staples of rice and beans are measured from a huge bag on a weight scale to provide for their monthly rationed portion. Perhaps the amount of rice rationed would be equivalent to \$2.50 (US). but if the family needed more than that toward the end of the month, an unrationed amount would double to \$5. Remember the average monthly earnings as low as \$11?

If you go, prepare yourself for LOTS of rice and beans – no real advice on how to do that – but from your first hotel buffet breakfast, on throughout the trip, drink a tall glass of the Cuban yogurt every morning – it's delicious and can keep you feeling great for your entire trip. These Cuban tours are packed with activities and learning experiences, more than can be mentioned here. It's a very timely opportunity and you would be encouraged to go, if you haven't done so.

One hope I came away with on this trip is that the needs and welfare of the average Cuban will become more of a priority. From the Spanish occupation; Batista's reign; and the current revolutionary, communist government; prevailing interests were not necessarily with the plight of the common person – though the more recent free education, medical care, and transportation have been welcome exceptions. Our own US interest in Cuba has historically involved more territorial acquisition and economic self goals rather than a concern with the every day lives of Cuban families. So whatever role the US can play in the future to help in bettering the lives of the Cuban people would be a good thing. Evaluation of the sanctions, just where and who they really impact would be another good thing. It doesn't appear that the sanctions are affecting the Cuban government so much as they are affecting the daily lives and work of the Cuban people.

AHS Class of 1950 65th Reunion

The Ames High School Class of 1950 held their 65th year reunion May 27-29, 2015. The first afternoon and evening were at Bob Taylor's son's lake place northeast of Ames for a barbecued supper. An Afternoon slide show presentation by Margaret Vance of the Ames Historical Society, and an evening dinner at the Gateway Hotel followed the second day with a buffet breakfast there the third day closing the reunion. 34 classmates, plus spouses attended.

(Paragraph and photo courtesy of Bob Buck, '50.)



Row 1: Lucille Erickson Hoffman, Winnie Stein Johnston, Ruth Dahl Allbert, Bev Ott, Guyan, Liz Martin Watson, Dorothy Parsons Schory, Darlene Roberson Arnold **Row 2:** Dewey Fitch, Norton Mezvinsky, John Midgorden, John Brayton, Mary Hayenga, Olson, Jane Allen McCoy, Patricia Morrissey Kvidera, Gary Carr **Row 3:** Don King, Mary Rierson Amick, Margaret Getz Vance, Charles Arnold, Dick Schory **Row 4:** Dean Obrecht, Art Schanche, Bob Taylor, Jim Champlin, Anne Knuths Buck, Reiny Friedrich **Row 5:** Alan Abbott, George Robinson, Ken Row, Bob Griffin, Bob Buck. *(Not pictured: O'Dale Brue and Alice Kirwin Woody.)*

AHS Class of 1961

Since their 50th class reunion, classmates from 1961 have been getting together for coffee/breakfast on the first Friday of the month. They meet at 9:00 A.M. at the HyVee East on Lincoln Way. Any classmates that are in the area are welcome to attend.

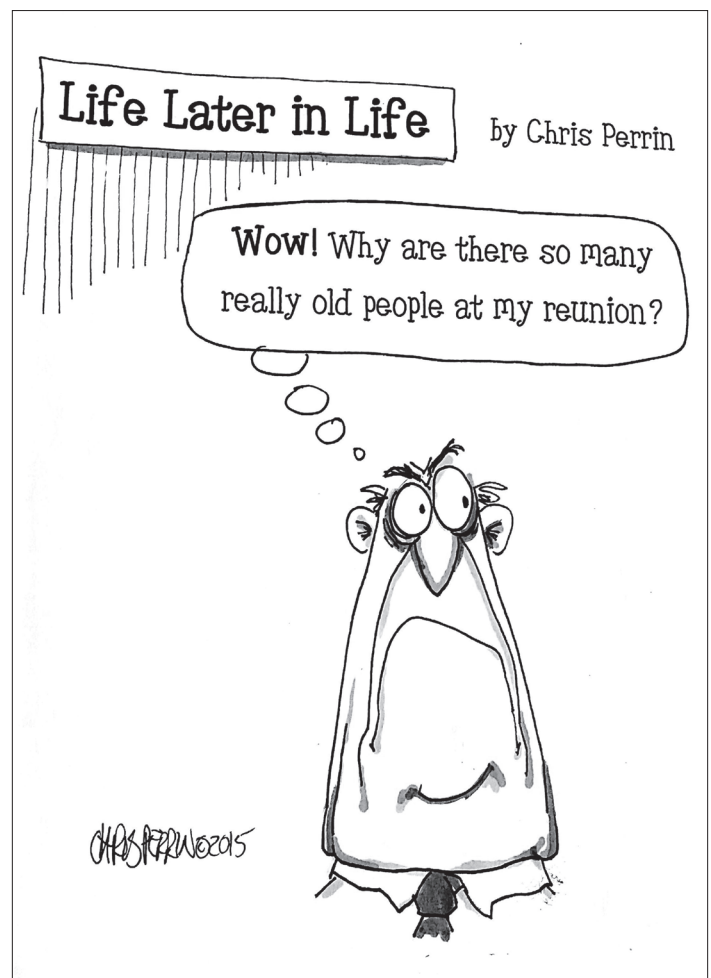


Front row (L-R): Pat Clayberg Swanson, Marg Handeland Gibson, Claudette Villwock Peterson, Dave Childs, Paul Clark. **Back row:** Judy Warren Ellis, Kent Cooper, Karen Vold Childs, Don Barber, Sande Larson, Marla Peterson Larson, Linda Hockman Forre, Julie Blaess Sutherland, Doug Samson, Jim Bates.

AHS Class of 1965 50th Reunion

What do these have in common: hayracks under a moonlit night, the locker room tunnel to the football field, backstage spiral staircases, automated library book sorters, a lucrative poster auction, dance lines snaking around a crowded ballroom, a nostalgic sing-along, abundant laughter, and some moments of solemn reflection? Yes, the class of 1965 50th reunion weekend in September.

With about 150 classmates and guests in attendance, we toured Ames and AHS, played golf, saw the new library, got nostalgic over a historical presentation, had a barn party...but most of all we had a hell of a lot of fun seeing our classmates after all these years! As classmates left for far off places the common refrain was, "We must do this again in 5 years!"



The Elbert Files: Class of 1965 Still Searching

Dave Elbert, Columnist



My Ames High School Class of 1965 is having a 50-year reunion this fall, and many of us

are trying to decide what our place in history will be. Nobody talks about it much anymore, but we were the first class of baby boomers to graduate from high school. Our fathers came home from World War II in 1945, married their sweethearts, and in 1946 and 1947 began birthing the largest concentration of babies this country had ever seen. It continued until at least 1964, which is the official cutoff date for the baby boomer generation. But the real spike in births was in 1946 and 1947. Our Ames High class was nearly 30 percent larger than the class ahead of us, and for many years we also outnumbered those that followed. Our parents, who are now known as “the greatest generation,” emerged from the war with a lot of pent-up social energy. And why not? Their youth was smothered by the Great Depression, and they’d spent their formative adult years fighting a world war.

Once those life-shaping events passed, Mom and Dad were ready to kick back, enjoy life and indulge us. They created the suburbs, interstate highways, shopping malls, TV dinners and much more. Not surprisingly, many of us boomers developed inflated notions of our own worth long before we had actually accomplished anything. But it was a great time to grow up. Particularly in a community like Ames, a college town that was touted as the safest place in the world to raise children. As children, we rode our bikes everywhere, to Carr’s Pool, the movie theater, Brookside Park, Homewood Golf Course and to Veishea, where we ran around the Iowa State University campus with bean shooters, sneaking up on friends to blow harmless beans at them from plastic straws.

We were the first class to spend all three years at Ames’ “new” high

school, which opened when we were sophomores in 1962. It didn’t have a gymnasium, or even showers, so the classes that followed PE were always a little rank. While we were in high school, things began to change. The Cold War, which had begun about the time we were born, was getting hotter. During our sophomore year, the Cuban Missile Crisis carried us and the rest of the world to the brink of nuclear annihilation. Then President Kennedy was assassinated in 1963. By the time we were seniors, President Johnson had pushed through the Civil Rights Act of 1964, and the civil rights marches were underway in the South. The violence we saw on the nightly news shows was strange and unfamiliar. It seemed like the entire world was becoming smaller and starting to fly apart. While we were in college, the Vietnam War heated up. Classmates were being killed halfway around the world in a war that made little sense. By the time we graduated, society was pulling apart at the seams.

Some of us sucked it up and went into the military. Others, including me, looked for ways to avoid the draft and the war. Years would pass before we could talk about those events without shouting at each other. In the meantime, both sides experimented with drugs. Our generation produced two U.S. presidents of very different political stripes. Bill Clinton and George W. Bush were born one month apart in 1946. Each had many flaws. More interesting is the number of entrepreneurs who came out of the baby boom generation, including Bill Gates and Steve Jobs, who were both born in 1955. Ultimately we ended up being a lot more like our parents than we ever would have imagined. Maybe more so when it came to protecting — some would say overprotecting — our own children.

Read more: <http://www.businessrecord.com/Content/Opinion/Opinion/Article/The-Elbert-Files-Class-of-1965-still-searching/168/963/69617#ixzz3oTFPgkln>

Gentle Giant

Silent sentinel, you stand
in the fog-shrouded distance.

Gentle giant, blades slowly rotate, slice through
milky haze, a friend waving.

Deliberate as the jogger on a slow steady pace,
or the turtle winning a race.

But, do the blades move slowly? Their tips race at
a much different gait. A Lamborghini, you cruise
at 148! The great illusion, Houdini in a field of
maize.

Rest now. Tomorrow a cold front moves through.

Ed Fawkes
“2013”

Treating Concussions Requires Care, Caution & Understanding

(Athletic Trainer Kayla Kleihauer—interviewed by Tom Emmerson, '55)

The first line of defense when it comes to minimizing concussions in Ames High athletics is Kayla Kleihauer. She is the Head Athletic Trainer who, along with co-Head Athletic Trainer Kari Sandquist, is responsible for identifying signs and symptoms, diagnosing possible concussions and pulling any suspects from practices or games. They, along with McFarland Clinic medical staff, oversee a concussed athlete's recovery – usually requiring a minimum of 10 days (sometimes longer) – but only a healthcare provider can authorize an athlete's return to completion.

Kleihauer has been making these professional judgments for 5 years – first at Iowa State and then four years with the Little Cyclones. She is beginning her fourth year as head athletic trainer. Her primary employer is the McFarland Clinic. At Ames High, she says, all athletes in all sports (including cheerleaders and dancers) are under close scrutiny by the athletic training staff at all practices and home games. The exception is varsity football, where the staff attends both home and away games. The greatest attention is paid to the athletes participating in sports that are most susceptible to concussions. Kleihauer's numbers for 2014-15 are:

Sport	Concussions	Athletes	Percent
Football	5	134*	3.7
Cheerleading	5	81	6.1
Wrestling	4	38	10.5
Soccer	3	86	3.5
Volleyball	1	52	1.9

* Includes 9th, 10th and Varsity football.

(No athletic-related concussions occurred in the other 13 sports during 2013-14 in boys or girls track, cross country, swimming, basketball, tennis or golf, as well as dance and drill.)

Of these 18 concussions, Kleihauer said 17 were classified as "mild" grade one concussion. The other was a grade two concussion (out of three grades) in which the athlete lost consciousness. In her four years at Ames High, Kleihauer says no patient has had such a significant head injury that she had to tell the athlete to quit sports. She has strongly recommended that two Little Cyclones drop out of athletics for a full year because multiple concussions incurred within 12-18 months. Kleihauer says all AHS athletes in football, wrestling and both boys and girls soccer are now required to take a baseline pre-concussion test administered by a trained examiner. The tests are given during their pre-season Media Day while the athletes are in full uniform and standing on their playing surface to simulate game conditions. Questions cover six areas: orientation, immediate memory, concentration, balance, coordination, and delayed recall. Anytime an athlete takes a hit in the head that looks suspicious, he or she will be required immediately to re-take this test and undergo a physical examination. That gives the athletic trainer or other healthcare provider a way to assess quickly the changes that may have occurred.

In addition, students in ALL sports, cheerleading and dance (along with their parents or guardian) are given a sheet describing the signs and symptoms to look for in the event of a head injury. This must be signed annually by both the student and parent or guardian before the athlete can even practice as per the Iowa mandated Heads Up program. Kleihauer says Little Cyclone coaches are "very good" about allowing trained professionals to make these decisions about players who are concussed or injured in some other way. This lessens the risk of liability or legal action coming back on the coaching staff if a concussion (or other injury) is not properly diagnosed and treated.

Preventing concussions is, so far, not possible for various reasons. One of these is the fact that the brain is not attached to the skull. Instead of being tied down, it floats in what's known as cerebrospinal fluid (CSF). This forms a thin protective buffer between the brain and the skull. A concussion occurs, Kleihauer explains, when the skull has been hit hard enough (or repeatedly) to cause the brain to strike the skull. This causes a bruise (or contusion), which basically means some vessels have been broken, allowing blood to seep out. These bruises short-circuit the brain in several ways. And, Kleihauer says, this can be serious. Sometimes the concussed person feels the effects immediately. In other cases it may take a few hours before symptoms surface.

One reason why some football players are more susceptible to concussions, she explains, is because some think they are "invincible" with all that equipment. "There aren't many like this," she says, "but they are the athletes who don't pay attention to proper blocking and tackling techniques." Helmets might be the main culprits in fostering this careless attitude. The fact is, Kleihauer stresses, even the best helmets can only mitigate the effects of a blow to the brain.

There is no drug or painkiller or treatment for a concussion other than giving the brain a complete rest. This means minimizing stress and concentration, preferably in a darkened room. Above all, Kleihauer says, the treatment involves "taking away just about everything a teenager loves." That includes eliminating TV, computers, video games, long phone calls, texting and anything loud (especially music), as well as detailed reading. Also important to recovery are a good diet and plenty of liquids to re-hydrate. It might also involve missing school for a few days, but not always.

"For the average sports concussion," Kleihauer says, "we tell coaches that it will be at least 7-10 days before an athlete can return to game-ready condition." This begins while the athlete is suffering from various concussion symptoms. For a mild concussion, this period

lasts about 48 hours. Next, the patient must be free of symptoms for another 48 hours.

That means, normally, that the 5-step "return to play protocol" only can begin after four days – also the patient is encouraged to be cleared by a physician prior to the start of the return to play process.

At this point, the athlete can begin the protocol – under the supervision of an athletic trainer or physical therapist. Day one involves light aerobic exercise. Day two includes sport specific exercises. Day three allows non-contact drills. Day four permits practicing, but without contact. Day five allows a return to full contact practice or game. While that's pretty much the norm, Kleihauer says some concussed AHS athletes have been medically withheld from games for 3 weeks. There is also protocol in place that alerts teachers to help reduce stress if a student has symptoms. For example, Kleihauer says, teachers might give a concussed student extra time to take an exam ... or a rest break during an exam.... Or just not call on a student – especially in math and other classes that require concentration, computing, or comprehension.

Overall, Kleihauer gives Ames High athletics and academics an "A" grade when it comes to recognizing and responding to stressful injuries such as concussions. She admits that there is no magic bullet that will prevent or cure concussions, but says Ames High is doing everything possible to minimize the problem.

Congratulations Little Cyclone Swimming & Diving

The Little Cyclones Girls' Swimming and Diving team won their 5th state championship in the last six years on November 7th in Marshalltown. They scored a near record of 355 points and won by a margin of over 150 points. They won all three relays and dominated the meet. Coach Dan Flannery has a dynasty brewing. None of the girls are seniors! Congratulations Champs and Coach.



Some Have Left US

The following alumni are known to have died in recent years. Those listed in previous newsletters are omitted here. Some information may be incomplete. If you have any more information or unreported deaths, please advise the AHSAA. **A complete listing of all known deceased alumni is available at www.ahsalum.org.**

Class	Name	Date of Death	City, State
1933	Brown, Holmes M.	d. 2-6-2015	Charlottesville, Va.
1935	Whattoff, Donald Jackson	d. 8-27-2015	Ames, Iowa
1942	Ochanpaugh, Dorothy Lucille (McCoy)	d. 10-23-2015	Ames, Iowa
1943	Champlin, Robert Earl	d. 4-12-2015	Kansas City, Kans.
1943	Hanger, Mary Stuart (Smith)	d. 5-4-2015	Millersville, Md.
1944	McFarlane, Winifred Elinor (Hukill)	d. 6-5-2014	Sioux City, Iowa
1944	Mileager, Virginia Anne (O'Neil)	d. 5-21-2013	Waukesha, Wisc.
1944	Shockley, Kenneth Eugene	d. 10-27-2015	Fallon, Nev.
1944	Wessel, Robert Irving	d. 9-24-2015	Ames, Iowa
1945	Becker, Ronald Ernest	d. 3-2-2015	Baton Rouge, La.
1946	Williams, Nina Pauline (Gibbs)	d. 7-19-2015	Ames, Iowa
1947	Dieterich, Patricia LuAnn (Smith)	d. 5-1-2015	Suffolk, Conn.
1947	Peterson, Wayne Emerhoff	d. 10-13-2015	Ames, Iowa
1948	Clemens, James Howard	d. 9-5-2015	Ames, Iowa
1948	Johnson, Iver Jerrold	d. 6-2-2015	Woodland, Calif.
1949	Adams, John Frederick (Jack)	d. 8-6-2015	Ames, Iowa
1949	Emery, Robert George	d. 7-12-2015	Prescott, Ariz.
1949	Toresdahl, Selmer Zeb	d. 7-23-2015	Ames, Iowa
1956	White, Elizabeth J.	d. 9-6-2015	Des Moines, Iowa
1958	DeMoss, Roy Edward	d. 7-16-2015	Ames, Iowa
1960	Hageman, Russell Dean	d. 7-30-2010	West Covina, Calif.
1960	Sutton, Gary Edwin	d. 7-12-2015	LaJolla, Calif.
1960	Van Meter, Judith Kay (Keigley)	d. 10-4-2015	Iowa Falls, Iowa
1961	Hagge, John Kennard	d. 10-10-2015	Sun City Center, Fla.
1964	Hildebrand, Michael Howard	d. 12-8-2014	Mountain Home, Ark.
1965	Buchele, Rodney	d. 8-2-2015	Garden City, Kans.
1966	Lusby, Linda Sue (Hutchinson)	d. 5-27-2015	Castle Rock, Colo.
1968	Alderman, Lawrence Anthony	d. 11-1-2015	Des Moines, Iowa
1971	Hogan, Lynn (Bauske)	d. 9-24-2015	Boulder, Colo.
1973	Skadberg, Mark David	d. 10-5-2015	Ames, Iowa
1973	Wearth, Larry Cole	d. 6-24-2015	Tempe, Ariz.
1974	Pantenburg, John	d. 8-13-2015	Portland, Ore.
1974	Riggs, Theodore Philip	d. 8-4-2015	Mesa, Ariz.
1981	Pedigo, Bruce	d. 9-22-2015	Winfield, Ill.
1982	Ersland, Eric Jon	d. 10-12-2015	Epping, N. D.
2007	Tsushima, George Alan	d. 7-18-2015	Ames, Iowa
2007	Veysey, Spencer	d. 10-2-2015	Rocky Mt. National Park, Colo.

Lost List

1000	Jacobsen, Anne P.	1941	Landers, Dolores	1964	Keisler, Ann Miller
1928	Hearn, Pauline Constance	1941	Remley, Joan Elizabeth	1964	Larson, Paulette Larue
1928	Herrmann, Martha	1941	Wetter, Ruth Frances	1964	Rademacher, Joann Lyn
1928	Hoxie, Louise	1943	Alexander, Lois Marie	1964	Rogers, Bruce Kent
1928	Moore, Helen G.	1943	Hanline, Avice M.	1964	Williams, Jacqueline Sue
1928	Morrison, Dale	1943	Pride, Mary Frances	1964	Wright, James George
1929	Baker, Leone	1943	Williams, Betty Jean	1965	Cott, Shirley Stickler
1929	Campbell, Phyllis	1944	Edwards, Barbara Ann	1965	Green, Julianne Marie
1929	Gehringer, Dorothy	1945	Penna, Betty Jo	1965	Hom, Judith A.
1929	Jensen, Ephram	1947	Dietz, Annetta	1965	Olson, Deanna Marie
1929	Miller, Sam	1948	Altmeier, Mary Louise	1966	Brown, James Russell
1929	Smith, Dorothy	1948	Cole, Lois Evelyn	1966	Cooper, Kathryn Jean
1929	Thomas, Elsie	1948	Giese, Mary Joan	1966	Coyle, Jack Lynn
1929	Treon, Elva	1948	Lawrence, Robert W.	1966	Davis, Charles Craig
1930	Carpenter, Carol	1948	Schaefer, Vernon Herbert	1966	Davis, Laticia Ann
1930	McDonald, Thomas	1949	Carpenter, Norma Jean	1966	Diel, Bruce Michael
1931	Heuerman, Mildred	1949	Rahamer, Doris Lonene	1966	Erickson, Mary Ellen
1931	McKinley, Earl H.	1950	Carpenter, Betty Jo	1966	Frame, Joyce A.
1931	Rutherford, Bernice Alma	1951	Nadoff, Rita Mary	1966	Fuller, Bertha B.
1932	Buckles, Harriet Louise	1951	Vincent, Helen	1966	Henderson, Jennifer Kay
1932	Creighton, Ruth	1952	Jager, Anne Jacob Renee	1966	Johnson, Donna Marie
1932	Homan, Marjorie F.	1953	Dietz, Gordon L.	1966	Lasche, Susan Marie
1932	Mills, Alice Pattee	1953	Gallagher, Geraldine Agnes	1966	Myers, Claudia Marie
1933	Dixon, H. Maynard	1953	Gibson, Patricia E.	1966	Oates, Thomas Richard
1933	Hunt, Esther I.	1953	Kjerland, Norman Eric	1966	Penny, Robert D.
1933	Poulos, Louis T.	1955	Hernandez, Wagner	1966	Smith, Rebecca Ann
1934	Agard, Esther Mary	1956	Mack, Cherrill Ann	1966	Stalstrom, Marja Lisa
1934	Cowan, Loretta M.	1956	Martin, Jerry Wendell	1967	Eggleton, Judith Claire
1934	Gill, Irene B.	1956	Vandecar, James L.	1967	Fisher, William Ray
1934	Goodman, Leona Mae	1957	Alexander, Johanna Margaret	1967	Johnson, Linda Dianne
1934	McVey, Maxine Amelia	1957	King, Ronald Earl	1967	Pace, Steven Donald
1934	Peel, Kathryn Jane	1957	Rhodes, Frank G.	1967	Palmer, Robert Eugene
1934	Viggers, Virginia Frances	1958	Howard, Judy	1967	Parks, Peggy Anne
1935	Smith, Elizabeth R.	1958	Mason, Barbara Jo	1967	Reinhart, Carol Louise
1936	Kingkade, Bernadine D.	1958	Melampy, Kathleen	1967	Rose, Dixie Lee
1936	Shedd, Robert Kedzie	1959	Poole, Carey E.	1967	Smith, Karen Ann
1938	Burkhardt, Bertha M.	1960	Miller, Michael Edward	1968	Benbow, Mary Susan
1938	Cronan, Geraldine R.	1960	Reed, Mary Sue	1968	Catus, David Lee
1938	Kester, Alfred Dwight	1961	Anderson, James Frederick	1968	Connor, Ann Louise
1938	Woodsley, Dorothy	1961	Anderson, James Frederick	1968	Evans, Barbara Jean
1939	Bland, Celia Mae	1961	Ray, Robert Luther	1968	Garland, Charles Dennis
1939	Browne, Josephine May	1961	Scholtes, Beth Ann	1968	Harris, Michael Payson
1939	Hayes, Patricia Lea	1961	Wright, Sharon Kay	1968	Hickman, Kathryn Anne
1939	Klos, Catherine May	1962	Abrams, Maria Del Pilar (Castro)	1968	Hickman, Marsha Lyn
1939	Reeves, Patricia Mae	1962	Dawson, Sally Jo	1968	Howe, Viola Mary
1939	Sussman, Betty	1962	Eltawil, Zeinab Z.	1968	Johnson, Richard Douglas
1940	Cole, Dorothy Anne	1962	Goldsbury, Sarah E.	1968	Katz, Gary Charles
1940	Hensler, Norma Jeanne	1963	Bononate, Giovanni	1968	Lee, Donetta Jean
1940	Hubbard, Marjorie R.	1963	Crain, Jean Elizabeth	1968	Schmidt, Charlotte
1940	King, Mary Elsie	1963	Gray, Carolyn S.	1969	Anderson, Stephen Ray
1940	Knight, Jeanne L.	1963	Peterson, Stephen John	1969	Burns, Rita Ann
1940	Turner, Janet Louise	1963	Strand, William Louis	1969	Evans, Richard Lee
1941	Benton, Jean	1964	Adams, Kenneth Andrew	1969	Fagen, Barbara Lynn
1941	Burdick, Dorothy Irene	1964	Erickson, Judith Ann	1969	Haldeman, Janis Kay
1941	Burk, Marion	1964	Good, Marlene Kay	1969	Holdren, Susan Jane
1941	Combs, Mary Jean	1964	Hofstad, Rebecca Irene	1969	Jones, Jeanne Ann
1941	Cook, Dorothy Mae	1964	Johnson, La Dawn	1969	Kok, Marianne

To be continued in April 2016 newsletter

Memorials

In memory of: **Richard G. Begg, '56**
Christian F. Haas, '56
Charles J. Kropf, '56
By: Diana Rex Gammell, '56

In memory of: **Larry Cole Wearth, '73**
By: The Larry C. Wearth Siblings

In memory of: **James O. Barnhart, '53**
Janet Lee Shrake Gudbaur, '51
By: Roger A. Deal, '51

In memory of: **Cynthia Vondra Hensch, '79**
By: Julie and Stephanie Waggoner, '77

In memory of: **David R. Erickson, '70**
By: Diane Erickson Davison, '67

In memory of: **Thomas R. Peterson, '52**
By: Larry E. Honsinger, '52

In memory of: **Roy R. Demoss, '58**
By: Jean I. Bruner, '58

In memory of: **Gary E. Sutton, '60**
By: Sheila Porter Schreiber, '60

In memory of: **Nancy Houge Hadaway, '68**
By: Karen Houge Haines, '58

In memory of: **Gary E. Sutton, '60**
By: Judith Sawyer Davis, '60

In memory of: **Winifred E. Hukill MacFarlane, '44**
By: William V. Hukill, '48

In memory of: **Gary E. Sutton, '60**
By: Sue Mendon Powley, '60

In memory of: **James A. Buck, '45**
By: James W. Dresser, '58

In memory of: **Roy R. DeMoss, '58**
By: AHS Class of 1958

In memory of: **David K. Page, '60**
Larry J. Skeie, '60
Gary E. Sutton, '60
By: Dallas Wall Rust, '60

In memory of: **Pauline Gibbs Williams, '46**
By: Dorothy J. Shadle, '46

In memory of: **Lee McFarland Murray, '48**
James A. Buck, '45
By: Nancy Neff Clark, '48

In memory of: **David K. Page, '60**
Larry J. Skeie, '60
Gary E. Sutton, '60
By: Steven L. Rust, '60

In memory of: **James A. Buck, '45**
John F. "Jack" Adams, '49
By: Charles ('53) & Neala Benson

In memory of: **Cynthia L. Vondra, '79**
By: Devon Hintz Lewis, '79

In memory of: **Eldon R. Kent, '47**
By: Martha Wood Kent, Spouse

In memory of: **Lynn Bauske Hogan, '71**
By: Leisa Doran, '71

In memory of: **Eric J. Ersland, '82**
By: J. Paul Clark, '61

In memory of: **Charles J. Kloph, '56**
Christian F. Haas, '56
Elizabeth A. White, '56
By: Diana Rex Gammell, '56

In honor of: **William C. Ripp, Staff**
By: Steven W. Risdal, '65

What a Difference a Day Makes

Class of 1960 Gives Back

The Class of 1960 danced to a hit song entitled, "What a Difference a Day Makes," by Dinah Washington. Perhaps this song planted the seed for this class, to know that they can make a difference.

The Class of 1960 gathered for their class reunion this summer. A classmate proposed a challenge - Let's Give Back! The challenge as proposed by a classmate was to donate to Ames Education Foundation. The classmate agreed to match up to \$5000 in donations to give back to education, and help the Ames Education Foundation. The challenge was on. The classmates thought it was fun, inspiring, and a creative way to give back to their great schools and education foundation. At the end of September the classmates were ready to donate a check for nearly \$11,000. What a difference a suggestion makes. What a difference this challenge made. As the song says, "What a Difference a Day Makes." Thank you to all of these wonderful classmates and alumni from the class of 1960, for caring and raising these funds. The Class of 1960 is also special in that, they have had a reunion and been able to get together every five years without a hitch. There reunions have been well attended. If you are from the class of 1960 or any other class, I encourage you to google and listen to "What a Difference a Day Makes." The lyrics provide a positive outlook! Perhaps your class or fellow alumni would like to make a difference.

What I like best about the song, is the depth of the last phrase of the song – as it defines the Class of 1960, that phrase is – "AND THE DIFFERENCE IS YOU!"

Thank you Class of 1960 for your gift! The Ames Education Foundation is truly grateful for your kind support and contributions. Thank you for making a difference!



Pictured in photo, L to R, Annie Arbuckle, Executive Director, Ames Education Foundation, Dallas (Wall) Rust – Class of '60, and Beth (Strand) Coon – Class of '60.



To find out more about how you can make a difference, contact Annie Arbuckle, at the Ames Education Foundation.
515.268.6630
ann@ameseducationfoundation.org

From the Editor's Desk

When I was asked in 1989 by Supt. Ron Rice to organize an Ames High School Alumni Association, I had no idea that I would still be involved with it 26 years later. Thanks to your loyal support as members and your additional financial support in the form of memorials and non-designated gifts, we have had an amazing run. We hope you find our newsletters--April, August and December--informative and maybe even entertaining. Your news contributions are always welcome, but we do reserve the right to edit them. (WCR)



Membership Blank Membership Blank Membership Blank Membership Blank

Mail to Ames High School Alumni Association, 1921 Ames High Drive, Ames, IA, 50010. Make checks payable to AHSAA.

Please circle membership dues enclosed: 1 year - \$8.00 2 years - \$15.00 3 years - \$20.00
Outside the USA: 1 year - \$16.00 2 years - \$30.00 3 years - \$40.00
 Additional Donation enclosed: \$ _____ Memorial enclosed: \$ _____
 In memory of: _____

Name: _____ Graduation Year: _____

Address: _____ Graduation Num: _____
 (first set of numbers on name label)

City: _____ State: _____ Zip: _____

Birth Date: _____ If married, is your spouse an AHS grad? _____ If so, what year? _____

First and last name of spouse (maiden name of wife): _____

Your father's first and last name: _____

Your mother's first and maiden name: _____

Names and addresses of brothers and sisters who graduated from AHS: _____

Names of other relatives who graduated from AHS: _____

Name and address of someone who will always know your address: _____

Suggestions / comments for the AHA (special events, newsletter ideas, anything): _____

Book Order Form Book Order Form Book Order Form Book Order Form

Mail to Ames High School Alumni Association, 1921 Ames High Drive, Ames, IA, 50010. Make checks payable to AHSAA.

Name: _____ Graduation Year: _____

Address: _____

"Ames-From Marsh to Modern City" by Farwell Brown	qty: _____ x \$20.00	subtotal
"Ames in Word and Picture" by Farwell Brown	qty: _____ x \$20.00	subtotal
"Ames-Tales from Two Old Times" by Farwell Brown	qty: _____ x \$20.00	subtotal
"A Soldier's Life, 1861-1865" by Farwell Brown	qty: _____ x \$20.00	subtotal
"Once Upon A Time" by I.W. (Red) Milliken	qty: _____ x \$10.00	subtotal
"2011 Ames Alumni Directory"	qty: _____ x \$5.00	subtotal

TOTAL _____

Add \$5.00 postage for each item ordered:
 (Add \$10.00 postage outside of the USA for each item ordered.)

AHSAA Calendar

- 2016 -

Meetings:

January 12th	AHSAA Monthly Meeting
February 9th	AHSAA Monthly Meeting
March 8th	AHSAA Monthly Meeting
April 12th	AHSAA Monthly Meeting

- 2016 -

Reunions:

Sept. 16-17	Class of 1961 55th Reunion
Sept. 16-18	Class of 1966 50th Reunion

Other Events:

December 26, 2015 - All AHS Holiday Get Together

Note: If the last number (date) above your name is 2015, your membership expires with this newsletter. Please renew today!

The Ames High School Alumni Newsletter (ISSN 1055-5196) is published three times a year by the Ames High School Alumni Association (AHSAA).

Membership in the AHSAA is \$8 for 1 year, \$15 for two years, \$20 for three years (see member form for foreign pricing). Membership is open to everyone, not just Ames High School alumni.

The AHSAA meets monthly on the second Tuesday of the month. Please email or call (515-232-0230) for the exact time and location of the meeting. Everyone is welcome to attend.

The Ames High School Alumni Association can be contacted as follows:

By mail- see return address.

<http://www.ahsalum.org>

info@ahsalum.org



First-Class
U.S. Postage
Paid
Permit #62
AMES, IOWA

Return Service Requested

AMES HIGH SCHOOL
ALUMNI ASSOCIATION
1921 Ames High Drive
Ames, Iowa 50010